TEACHER'S PROFILE/CURRICULUM VITAE



01. Personal Information

| 01 | Name, Designation and | | |
|----|----------------------------|--------------------------------|--|
| | Address: | Dr. S M Prakash | |
| | | Director of Physical Education | |
| | | Kuvempu Univrsity | |
| | | Jnanasahyadri | |
| | | Shankaraghatta – 577 451 | |
| | | Karnataka, India. | |
| 02 | Contact Number and E-mail: | 09448260774, 09686525236, | |
| | | 08282257484 ® | |
| | | Office:08282257129 | |
| | | th | |
| 03 | Date of Birth: | May 10 th 1959 | |
| 04 | Gender and Marital Status: | Male, Married | |
| 05 | Nationality: | Indian | |

02. Educational Qualification

| | cational Quantica | | | · · · · · · · · · · · · · · · · · · · |
|-----------|---|--|--|---|
| Sl. No | Name of the Degree | University /Institution | Month and Year of Degree Awarded | Remarks |
| 01 | Ph. D | Jiwaji University Gwalior | October 1995 | Construction and Standardization of Physical Fitness for High School Boys |
| 02 | Post Graduate Degree M P Ed | Bangalore | 1981 | Specialization: Yoga |
| 03 | Under Graduate Degree B Sc | Bangalore | 1979 | |
| 04 | Others (Specify) B P Ed, Certificate Course in Cricket Coaching | Bangalore NIS Western Center Gandhinagar | 1980 1990 | Compulsory Subjects Cricket |

03. Post Doctoral Research

| Sl. No | Year & Duration of the Study | University /Institution | Fellowship/Funding Agency | Title of the Work |
|-----------|------------------------------------|----------------------------|------------------------------|-------------------|
| 01 | | | | |

04. A. Teaching Experience (latest should be first)

| Sl. No | Designation | University/Institution | Period |
|-----------|---|------------------------|------------------------------|
| 01 | Director of Physical Education | Kuvempu University | August 29, 2006 till date |
| 02 | Dy. Director of Physical Education | Mangalore University | 16/07/1992 to 28/02006 |
| 03 | Chairman Dept. of Phy. Edn. (Additional Charge) | Mangalore University | 1/1/2000 to 28/08/2006 |
| 04 | Director of Physical Education I/c Additional Charge | Mangalore University | 1/1/2000 to 1/2/2003 |
| 05 | Asst. Director of Phyical Education | Mangalore University | 16/7/1988 to 16/7/1996 |
| 06 | Physical Culture Instructor | Mangalore University | 16/7/1984 to 15/7/1688 |
| 07 | PG/UG Teaching Experience (MPES, BPEd and MPEd) | Mangalore University | July 1996 to 28/8/2006 |
| 08 | PG/UG Teaching Experience (BPEd and MPEd) | Kuvempu University | 29/8/2006 onwards |

B. Academic Programs Taught (Eg. M.Sc, M.A, M.Com, etc).,

Ph. D. Course Work, M.P.Ed and B. P. Ed, M. Phil (2006 to 2010)

C. Courses Taught (Provide a List)

- 1. Anatomy and Physiology
- 2. Exercise Physiology
- 3. Research Methodology
- 4. Statistics in Physical Education
- 5. Computer Application
- 6. Tennis Practical
- 7. Badminton Practical
- 8. Cricket Practical
- 9. National Ceremonies
- 10. Cricket Coaching

- **05. Publications** (Please provide the information in the pattern mentioned)
- O5.1.1: Prabhu Gajanan, B and **Prakash, S M** (2012). *Loading patterns, physical activity and bone mineral density*. Germany:Lambert Academic Publishers 978-3-659-14301-4.
- **05.1.2: Prakash, S M** and Uppal A K. Construction and standardization of physical fitness test for high school boys. shodhganga.inflibnet.ac.in/bitstream/10603/..pdf

05.2: Articles/Papers Published in Edited Books.

05.2.1: Prakash, S. M. and Kemparaj, H B (2001). The Significance of Physical Fitness and Sports Culture: Need for Awareness among Indian Citizens. In Edited book by Shukla, N. B. *Sports Medicine and Physical Education*. (pp. 21-28) BHU Varanasi: President IASA.

05.3: Study Material

Nil.

05.4: Research Papers Published

- 05.4.1: Prakash, S. M. (2004). New dimensions of sports in relation to culture and society: A critical analysis. *Indian Journal of Sports Studies*, 3:1&2, 89-91.
- 05.4.2: Prakash, S. M. (2004). Nature of physical fitness: Current perspective. Indian Journal of Sports Studies, 3:1&2, 91-93.
- 05.4.3: Sreedhara, T. N. and Prakash, S. M. (2004). Management of stress among college sports persons: A conceptual and empirical analysis. *Indian Journal of Sports Studies*, 3:1&2, 63-67.
- 05.4.4: Manoj Kumar and Prakash, S. M. (2004). Doping in sports and its consequences on society: A critical review. *Indian Journal of Sports Studies*, 3:1&2, 93-98.
- 05.4.5: Prakash S M and Uppal, A K (2012). Construction of physical fitness test for high school boys: A factor analytic approach,' AJRSH, 2:8 (August 2012).
- 05.4.6: Shivakumar S, and Prakash S M (2013). "Influence on Regional Disparity on Physical Fitness of Urban Adolescent Girls, Acharya Nagarjuna University Guntur -522510, Inida.

- 05.4.7: Shivakumar S, and Prakash S M (2013). "Construction of Physical Fitness Norms for Adolescent Boys of Karnataka State, Indian Streams Research Journal, Maharashtra, India.
- **05.5: Research Paper published in the Proceedings of the seminar/ Conferences/ Symposium [Example:** Pauli B, (2004). Characterstics of pesticides toxicity. *25th Annual meeting of SETAC* (p. 492-496). Portland: John Wiley.]
- Sridhara T N and Prakash S M (1999) Management of stress among college sports persons: a conceptual and empirical analysis. Paper presented in the XII National Conference on Sports Psychology (28-30 Dec. 1999, SAI, LNCPE, Trivandrum).
- Prakash S M and Kishore Kumar C K (1999). Achievement Motivation and Personality: A Comparative analysis of University Volleyball and Cricket Players,' paper presented in the XII National Conference on Sports Psychology (28-30 Dec. 1999, SAI, LNCPE, Trivandrum).
- Kishore Kumar C K and Prakash S M (1999). Sponsorship and hi-tech needs of sports and games an indian perspective. Paper presented in International Conference on Sports Management (16-18 June 1999).
- Prakash S M (2000). The significance of physical fitness and sports culture need for awareness among Indian citizens. Paper presented in the National Conference on Physical Education (24th and 25th Feb. 2000, Bangalore University).
- Prakash S M (2002). New dimensions of sports in relation to culture and society: a critical analysis. Paper presented in National Seminar held at Mangalore University, Mangalagangothri on 27-28 Feb. 2002.
- Kemparaj H B and Prakash S M (2002). General physical fitness and health related physical fitness of professional and non-professional students: a comparative study," Paper presented in National Seminar held at Mangalore University, Mangalagangothri on 27-28 Feb. 2002.
- Manoj Kumar and Prakash S M (2002). Doping in sports and its consequences on society: a critical review. Paper presented in National Seminar held at Mangalore University, Mangalagangothri on 27-28 Feb. 2002.
- Prakash S M and Bojamma P P (2002). Parental Responses for Women Participation in Sports of Coorg Community in Karnataka State," Paper presented in National Seminar organized by PKM College of Education held at Kannur on 20-21 Feb, 2002.

- Podiya B and Prakash S M (2002). Cultural values of folk games. Paper presented in National Seminar held at Cannanoore on 20-21 Feb, 2002.
- Manoj Kumar and Prakash S M (2002). The need and importance of developing a recreational programme for the post graduate students of mangalore university. Paper presented in National Seminar held at Kannur on 20-21 Feb, 2002. Co-author.
- Prakash S M (2003). Physical fitness development of school children. Paper presented in National Seminar held at Gulbarga University, Gulbarga on 10-12 Sept. 2003.
- **Prakash S M** (2004). Daihika kshamathe hagu shakti mattu sahisnuthegala tarabeti vidhana. Kannada paper presented at physical education teachers' workshop organized by DDPI department at Mangalore.
- **Prakash S M** (1999). Promotion of cricket in Mangalore university area: a realistic approach. Paper presented at physical education directors workshop organized by Mangalore University, Mangalagangothri during March 1999.
- Prakash S M and Kemparaj H B (2005). Factorial expressions of AAHPEERED physical fitness and ;ASIA health-related physical fitness test variables with age, height and weight. Paper presented at National Conference, Vanitha Maha Vidyalaya, Hyderabad from 23rd to 27th June 2005.
- Keshavamurthy and **Prakash S M** (2005). Perceptible Approach towards Interest and Background of Education Teacher Trainees about Physical Education.' Presented a paper at **National Conference** Vanitha Maha Vidyalaya, Hyderabad from 23rd to 27th Jun 2005.
- Keshavmurthy and **Prakash S M** (2012). Problems faced during talent identification in sports. Paper presented at National Conference on multidisciplinary approach to the promotion of sports in Universities on 20th and 21st January 2012conducted by Dept. Physical Education, Karnatak University, Dharwad.
- Tripathi, Rajesh and **Prakash S M** (2013). New dimensions in character development through sports. Paper presented at UGC International conference on recent technological advancement of sports Science, Ayurveda Medicine, Yoga naturopathy, Physical and sports Law' on 16th to 17th February 2013 organized by Banaras Hindu University (Varanasi).

Keshavamurthy and **Prakash S M** (2012). A study on reliability of psychological tools in modern contrextural sprots. Paper presented at National seminar on revelation of current trends & issues in physical education on 6th & 7th January 2012 at Kuvempu University **Co-author**

05.6 Number of Publications during past five years

Eight

06. Research Guidance (Provide the list)

06.1: Ph.D (Completed)

| Sl. No. | Title of the Thesis | Name of the Candidate | Year of Registration |
|------------|---|------------------------------------|-------------------------|
| 1 | Comparative analysis of physical fitness and health-related physical fitness among professional and non-professional students | | 1998 |
| 2 | A perceptible approach to manage stress among sports persons in south Indian universities | mong sports Dr. Keshavamurthy 2001 | |
| 3 | Effect of aerobic exercise programme and health awareness on patients with hypertension | Dr. Sreedharan E A | 2004 |
| 4 | Bone mineral density and impact on different loading factors | Dr. Gajanana Prabhu B | 2007 |
| 5 | A study on the mental toughness and team cohesion among sub-junior, junior and senior national female volleyball players | Dr. N B Suresh | 2008 |
| 6 | Influence of regional diversity on physical fitness and health awareness of high school students in Karnataka | Dr. Shivakumara S | 2010 |
| 7 | Folk games and their contribution to the society culture and sports | Dr B Podiya | 2004 |

06.2: Ph. D (Ongoing)

| Sl. No. | Title of the Thesis | Name of the Candidate | Year of Registration |
|------------|--|-----------------------|-------------------------|
| 1 | Construction and standardization of specific skill test for kabaddi players | Mr. Manjunatha | 2009 |
| 2 | A comparative study on selected physical and psychological variables between adolescents with and without learning disability | Mr. Ramesh | 2009 |
| 3 | Effect of social and environmental factors on B-school students physical activity | Mr Shiyanrasad M 2 | |
| 4 | An analytical study on growth, development and performance of Bijapur district in cycling | Mr. B R Tole | 2009 |
| 5 | Effect of training on three different surgaces, aqua, sand and clay | Mr. Lohith Y | 2013 |
| 6 | An assessment of health, fitness and levels of perception among special population in Karnataka State | Mr. Nagaraja | 2013 |
| 7 | A study on functional difference among adolescence in relation to postural deformities of diversified regions of Karnataka state | Mr. Sampath Kumar | 2014 |
| 8 | Factorial expressions of physical fitness variables, psychological variriables and skills of national kho-kho players | Mr. Ranganath | 2014 |

06.3: M.Phil (Completed)

Seven

06.4: M.Phil (Ongoing)

Nil

06.5: Student Project Guidance (provide the total number) Around 70

| · •. | Research 1 Tojeets | | | | | | |
|------|--------------------|-------------------------|-------------------------|-------------------|--------|------------------------------------|--|
| | Sl. No | Co- investigat or | Title of the Project | Funding Agency | Amount | Man Power appointed /Trained | Duration and Status (Ongoing /Complet ed) |
| | 01 | S M | | Kuvempu | | Nil | 1 year |
| | | Prakash | | University | | | Com |

07. Research Projects

08. Conferences, Seminars, Training Programmes, Refresher courses, etc., Organized

| Sl. No | Name of the Conference/Symposia/ Seminar | Level (University/State/ National/International) | Date(s) | Number of participants |
|-----------|--|---|------------|------------------------|
| 01 | New Challenges in the | National | 27-28 Feb. | 175 |
| | World of Physical | | 2002 | |
| | Education and Sports | | | |
| 02 | Physical Education | University | March 2000 | 60 |
| | Directors Workshop | | | |
| 03 | Physical Fitness and | State | 2008 | 150 |
| | Drug Education | | | |
| 04 | | | | |

09. Conferences, Seminars, etc Attended and Papers Presented (Provide a list and indicate whether it is a Key note address, Inaugural address or Invited talk etc.,)

| Sl. No | Seminar/Conference | Date(s) | Title of the Paper | Remarks (indicate whether Key note address/Invited talks) |
|-----------|--------------------|---------|-----------------------|---|
| 01 | | | | |

10. Administrative Experience

| Sl. No | Position | Organization | Duration | Responsibilities |
|-----------|----------|--------------|----------|------------------|
| 01 | | | | |

11. Memberships of University Bodies/other organizations

| Sl. No | University/ Organization/Institute Body | Nature of Association | Period |
|-----------|--|-----------------------|--------|
| 01 | | | |

12. Extension/Outreach activities

| Sl. No | Activity | Date(s) | Target group/Beneficiaries |
|-----------|----------|---------|-------------------------------|
| 01 | | | |

13. Details of Visits Abroad in connection with Academic/Research Programme

| Sl. No. | Duration | Purpose | Sponsored by |
|------------|----------|---------|--------------|
| | | | |

14. Honors, Awards and Recognition (Provide Award Certificate Copies)

15. Other Information

Date:

Signature